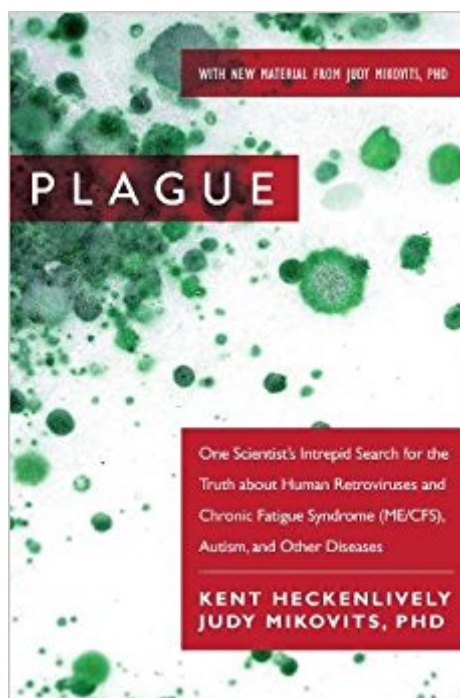


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# Plague: One Scientist's Intrepid Search For The Truth About Human Retroviruses And Chronic Fatigue Syndrome (ME/CFS), Autism, And Other Diseases



## Synopsis

On July 22, 2009, a special meeting was held with twenty-four leading scientists at the National Institutes of Health to discuss early findings that a newly discovered retrovirus was linked to chronic fatigue syndrome (CFS), prostate cancer, lymphoma, and eventually neurodevelopmental disorders in children. When Dr. Judy Mikovits finished her presentation the room was silent for a moment, then one of the scientists said, "Oh my God!" The resulting investigation would be like no other in science. For Dr. Mikovits, a twenty-year veteran of the National Cancer Institute, this was the midpoint of a five-year journey that would start with the founding of the Whittemore-Peterson Institute for Neuro-Immune Disease at the University of Nevada, Reno, and end with her as a witness for the federal government against her former employer, Harvey Whittemore, for illegal campaign contributions to Senate Majority Leader Harry Reid. On this journey Dr. Mikovits would face the scientific prejudices against CFS, wander into the minefield that is autism, and through it all struggle to maintain her faith in God and the profession to which she had dedicated her life. This is a story for anybody interested in the peril and promise of science at the very highest levels in our country.

## Book Information

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## Customer Reviews

"Plague is a must-read book so revolutionary in its implications that its author courageously faced character assassination and unlawful incarceration to keep her findings from being relegated to the dustbin of medical history. Riveting, if not at times paradigm shifting, this book reveals a dark side to

modern medicine that no one knows exists, but that everyone should."#151;Sayer Ji, founder and director of GreenMedInfo and board member of the National Health Federation#147;For anyone who is too busy to read but wants to know the inside story on the state of American science, find the time, now, and read Plague.Ã¢â#151;Ritchie C. Shoemaker, MD, author of Mold Warriors: Fighting America's Hidden Health Threat#147;A fascinating combination. The authors weave together a fascinating medical history, a modern day scientific drama, and a legal thriller in a unique narrative that calls attention to the deep dysfunction and corruption in the heart of the medical industrial complex.Ã¢â#151;Mark Blaxill, co-author of The Age of Autism and co-founder of Safe Minds#147;Kent HeckenlivelyÃ¢â#151;his riveting descriptions of MikovitsÃ¢â#151; arrest and incarceration#151;she was actually jailed for her work and principles#151;renders Mikovits a modern day Dr. Stockman from IbsenÃ¢â#151; An Enemy of the People. The skilled telling of the drama that unfolded around MikovitsÃ¢â#151; work on the XMRV retrovirus leaves the reader unable to put the damn book down.Ã¢â#151;Lou Conte, author of The Vaccine War#147;Unbelievable!! Thank you to Dr. Mikovits and Kent Heckenlively for your courage in discussing issues of research corruption, intimidation, and the power of the medical establishment to try to conceal the truth about scientific research.Ã¢â#151;Wayne Rhode, author of The Vaccine Court#147;Plague raises questions we all need to be asking our scientists, our politicians, and our society.&#151;Max Swafford, educator and author

Kent Heckenlively is a former attorney, a founding editor of Age of Autism, and a science teacher. During college Heckenlively worked for US Senator Pete Wilson, and in law school he was a writer and an editor of the schoolÃ¢â#151; law review and spent his summers working for the US AttorneyÃ¢â#151; Office in San Francisco. Kent and his wife Linda live in Northern California with their two children, Jacqueline and Ben. Judy Mikovits, PhD, spent twenty years at the National Cancer Institute, working with Dr. Frank Ruscetti, one of the founding fathers of human retrovirology, and has coauthored more than forty scientific papers. For five years she was the research director of the Whittemore-Peterson Institute for Neuro-Immune Disease. Dr. Mikovits lives in Southern California with her husband, David.

December 7, 2014A Book Review of "Plague" by Kent Heckenlively and Judy MikovitsBy Russell DobkinsThis is a "Great Book"! I have read many "Great Books", including "Our Stolen Future" by Dr. Theo Colburn, "Silent Spring" by Rachael Carson, "Pandora's Poison" by Joe Thornton, "Radioactive Heaven and Earth" by IPPNW, "Nutrition and Physical Degeneration" by Dr. Weston

Price, "The China Study" by Campbell, "Not On The Label" by Lawrence, "Harvest of Empire" by Juan Gonzalez, "Hypothyroidism, The Unsuspected Illness" by Dr. Broda Barnes, "The Death of Money" by James Rickards. "Plague", by Judy Mikovits, PHD and Kent Heckenlively, fits in this list of important books. They all shed light on what is going on. I studied Chemistry and Biology in College. All the things I have studied, Human Anatomy and Physiology, Microbiology, Genetics, Cell Biology, Toxicology, Immunology, Neurobiology, Organic Chemistry, Bio-Chemistry, Neurobiology, Pharmacology, Human Health and Nutrition, Genetics, Developmental Biology, Infectious Diseases, and Virology, have put me in a position to really appreciate the work Judy Mikovits has done. That she could write it, after all the horrible, illegal, dishonest, and so very stressful things that people in power, did to her, just because she was honest about revealing the truth of what she was finding, is astounding!

The Foreword; "A Disease Able to Affect the Economies of Nations", by Hillary Johnson, says it well. Dr. Mikovits found, using rigorous scientific method, first class and up to date, state of the art, laboratory techniques, a new man-made virus. She identified and characterized the virus using many different techniques, including genetic analysis, antibody tests, chemical analysis, and even got a picture of the virus budding out of an infected cell. She found this new virus in the blood of patients with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, and children with Autism. She and other scientists found this virus in the blood of the "Well" Human population, and estimated that between 10-25 million Americans are presently infected with it. What is this virus? She calls it "XMRV like Virus". What does that mean? X stands for Xenotropic. That means "manmade and living". M stands for Murine Leukemia Virus, as it is found in mice, both wild mice and laboratory mice, of the kind that are used to make human vaccines and do virology experiments with. R stands for "Retrovirus" which is the family of viruses that HIV is one of. V stands for virus. Now, here's the important thing in her description, "XMRV-like Virus". The important thing to understand about retroviruses is that they mutate and change rapidly. Retroviruses invade the DNA of living cells, insert themselves into it, change it, and take over the controls of what the cell makes. Then they use the cell DNA/RNA to make more of themselves, using all the resources of the cell, which kills the cell, then they burst out of the cell, multiplied to spread through the host's body, via the bloodstream, and infect more cells in various tissues. When the XMRV-like virus gets into a new host, like a human or a monkey, it can be found in the blood, for a while. Then it disappears from the blood, by invading some tissues, like white blood cells, goes latent, and waits until the cells in that tissue start dividing, to wake up and grow. What can wake up such a latent virus hiding in a white blood cell? Mikovits describes how a stimulation to the immune system, from a vaccination will do it! Other infectious antigens, like a viral infection would also stimulate white blood cells to multiply, and

wake a latent virus. Could this explain Autism suddenly appearing in children after a vaccination? Could the virus be latent in their white blood cells, then it gets turned on, by a vaccine, and replicates, and then infects the nervous system, and other body parts? Judy Mikovits documents how this happens in monkeys. Could it happen in Humans, too? I don't see why not. It is known that there are certain parts of the body, that certain viruses, have an affinity for. The Mouse Leukemia Virus, MLV infects the white blood cells of mice, the "leukocytes", and causes them to replicate out of control, causing a cancer called "Leukemia". HIV has an affinity for White Blood Cells, too, the Helper T-Cells. Helper T-Cells are the go-getters of our immune system. They are active in destroying invading organisms, bacteria, viruses, parasites, and even cancerous cells, anything that sets off the alarm, that "this is not us", Helper T-cells destroy, and call in more immune cells to fight it. AIDS is caused when HIV invades and destroys the Helper T-Cells. Without Helper T-cells, a person can't fight off invading organisms and AIDS victims get all kinds of infections and rare cancers. Now, this new XMRV-like virus, is a strain of mutant viruses, that are like MRV, but because they are mutating with each replication, they are changing into a swarm of viruses, each different and changing, all the time. So, it is not one species of virus, it is many, closely related, but continually morphing, viruses. Dr. Mikovits found that the XMRV invades and kills another kind of white blood cell, the "Suppressor T-cells". They are also called "Regulatory T-cells". That is because they regulate and balance the immune system. Without the Suppressor T-cells, to stop the immune attack when the invaders are finished off, the other immune cells keep attacking and secreting messenger chemicals called cytokines and chemokines, which call in more white blood cells, macrophages, killer T-cells, and the immune attack continues and grows, along with inflammation. The Suppressor T-cells are needed to stop the attack when the war is over, when the invader is destroyed! Without the Suppressor T-cells the "attack" side of the immune system goes wild and destroys "Self" as well as "not self invaders". This is called a "Cytokine Storm", and also called "immune dysregulation". This is one of the most damaging parts of XMRV infection. It is also called an autoimmune attack. Mikovits hit on the possibility of Autoimmune Thyroiditis being caused by such an attack. It would be logical to look for XMRV in biopsied thyroid tissue in patients with Autoimmune Thyroiditis. Perhaps, MS and other autoimmune diseases like Rheumatoid Arthritis might be caused by such a virus? Now, here's the really scary part. Xenotropic, means man-made and living? How could that happen? Well, it turns out that to make vaccine, a human virus like polio is injected into a mouse, then infected tissue or blood is removed from the infected mouse, then that is injected into more mice, many times, and then into a monkey. Then if the monkey doesn't die, and antibodies are made to the original human virus, then that's a possible vaccine. Next they test it on

Human subjects. But, what if the vaccine has something in it that is alive, unsuspected, unseen, unknown, unidentified, new, man-made, a hybrid virus? What if some vaccines have been contaminated with this XMRV-like virus? What if this happened back in the 1980's when the disease described as ME/CFS first appeared in the Lake Tahoe area? What if this XMRV-like virus got into the MMR vaccine or others, back in the 80's? What if it is spreading in the population, through contact with saliva, bodily fluids, blood transfusions, could it be airborne? These are the possibilities that Judy Mikovits realized, and brings up in her book. This is important! Her book reads like a murder mystery, following the clues, examining the evidence, following all the leads, piecing together the picture, slowly, using modern laboratory techniques. It's really good scientific reading!

The family of Retroviruses are all related. It would be quite easy for a Human retrovirus like HIV, injected into a mouse, to combine with a mouse retrovirus MRV, to form a hybrid Human/mouse retrovirus, that would live, reproduce, and be contagious. It could spread to other human and mouse tissue cultures in the laboratory, as Dr. Mikovits documented that XMRV does. Could this new "Xenotropic" virus infect man, and spread. Has it already? That would be very serious! Dr. Mikovits realized it. She showed how it spreads, raised the alarm, described the tissues so infected, along with the methods of transmission, and characterized the symptoms of the disease it causes, ME/CFS and Autism. This is a Big Deal!

So why did the CDC try to deny, discredit, and cover up her work? What do they do at the Center for Disease Control? They send people around the world to find infectious diseases, collect specimens of the causative agents, like H1N1, SARS, HIV, and bring them back to the CDC labs, alive. Then they culture them. That is grow them, so they can study them and make vaccines from them. What if something got away from them? It has happened before. Remember Reston virus, "The Hot Zone"? Well, back in the 1980's the technology to identify such viruses was not so advanced as it is today. They didn't have genomic sequencing and PCR. Viruses and Micoplasma cannot be seen with a light microscope. They are too small. Viruses and Micoplasma cannot be filtered out of blood, plasma and vaccine, with the filters they had back then, and only barely with the new technology we have today. So, what if something they made, but couldn't see, while trying to make vaccines, like XMRV, escaped the laboratory, or Heaven forbid, got into the vaccines, and was vaccinated into millions of American children? Could it be possible? I think an investigation is warranted. Since, the CDC is trying to hide what Dr. Mikovits found, then we cannot depend on the CDC to conduct an investigation. It might lead to a HUGE problem, lawsuits, civil and perhaps criminal. I mean, if you knew that something you gave the public, to vaccinate the children was contaminated, and people were injured, like with Autism, and ME/CFS, well.... Class action Law suits would come forth. The CDC just makes the

vaccine starter material. The big Pharma companies make the actual vaccines. Who's liable here? It depends on who knew what. Was someone negligent? Who can you trust? What can you trust? Doctors? The CDC? Vaccines? Or, in another more sinister vein, did something escape from a US military "Germ Warfare" lab? The US military has experimented on uninformed American citizens, before. Or could it have come from somewhere else? This is possible. It would be so easy to make such a hybrid virus. Any good bio-chemistry lab could do it. Whatever, the cause, we still have a Huge problem. Millions of people in America and world wide, are infected with a new man-made virus. Autism is striking one in fifty children in the US, now. Myalgic Encephalomyelitis/Chronic Fatigue Syndrome still has no treatment or cure. I know people who have it. They suffer terribly. Neither does Autism have a cure or treatment. So where do we go from here? If enough people read this book, and give it to their doctors, and give it to University Professors, and talk about it with their friends and family, and write letters to the editors, and write book reviews, and post on facebook, and go on talk shows, and write and call your senators and congressmen, the story will get out. Call for an investigation! If a class action lawsuit were to come forward, a sharp legal team could subpoena all the files of virus research and vaccine programs done at the CDC during the 1980'-90's. Then, hire Dr. Mikovits to put together a World-Class research team to look over the research files. She knows what she is doing! Get access to the stored cultures both viral and tissue, frozen, at the CDC, and use modern techniques to look for the XMRV-like virus in the vaccines and viral cultures. They keep all this stuff frozen, so it is still there, and alive. Subpoena the emails and internal documents at the CDC. Follow the leads. There may be other federal agencies involved? Perhaps the pharmaceutical companies will be found to be complicit? I can tell you one thing, if this story gets out, people won't be getting their children vaccinated, or taking the flu shot. Until this all gets investigated and the Truth comes out nobody will trust the government, the doctors, or the big drug companies. The big pharma companies will lose tons of money! They'll fight it, dirty tricks and all. Congressmen and Senators will get lots of campaign contributions. It could get ugly. People could get hurt. Look what happened to Dr. Judy Mikovits. Without an arrest warrant, she was taken from her home, unlawfully imprisoned, and without a search warrant, her personal property was seized, i.e. all the files of her research, and her computers. She was imprisoned with no charges. Then she was sued, while being held in in jail, in another state, illegally, and because she couldn't show up at the out of state court, which was presided over by a Judge Adams, in Reno, Nevada, who was bribed by a \$10,000 campaign contribution by Harvey Whitmore, and who was awarded a multimillion dollar default judgment against Mikovits! I'm not making this stuff up. She documents it in her book. This gal has balls! She stood up to the scoundrels! Bravo! Harvey Whitmore, a high

rolling Nevada developer and political wheeler/dealer, who sued Mikovits, and had her illegally arrested, seized her files and computers, and who also bribed the Judge Adams, with \$10,000, was later convicted of making illegal campaign contributions to the Democratic Majority leader, Harry Reid, of Nevada, and was sentenced to two years in jail. Criminal charges were dropped against Mikovits when the facts of the case became clear to the Nevada District Attorney. But, the legal expenses Mikovits incurred trying to fight off Whitmore, left her financially bankrupt! That Judy Mikovits was able to continue her work, give talks internationally, prepare her lectures to the other Public Health Professionals at the NIH, CDC, FDA, and write this book, is a testimony to her determination, strength of character, perseverance, and dedication to this very important work. I commend her compassion and her die-hard persistence in helping the people afflicted with this devastating XMRV-like virus in the ME/CFS and Autism communities! I think her lawyers could and should sue the people who perpetrated a well documented injustice on her, and we should help her financially to do so! Some of us believe in Truth and Justice. However, as she documents in her book, the judges and politicians in Nevada are, well shall I say, "they can be influenced by money". As a Health Care Professional and an Educator I think Dr. Judy Mikovits' book "Plague" should be required reading for all upper level Biology students, Health Sciences Majors, and Medical School students. All Health Care Professionals should read this book. It will help you protect yourself, your family, and your patients. As I have been studying the molecular biology of viruses, and what can be done to treat such infections, I will leave you with some practical things you can do to prevent or recover from viral infections. One of the important things I have learned is that the amino-acid L-Lysine stops the growth of viruses. Makers of virus culture media are careful to not get L-Lysine in it because it is well known that L-Lysine inhibits the growth of viruses. The dosage of L-lysine needed to stop a viral infection is 1000mg, three times a day, with meals. Do not be afraid to use more or less as needed. L-lysine is effective against H1N1, and Herpes simplex. It should be effective against other viral infections, as well. L-lysine is an essential amino acid. It makes collagen, and is required to make connective tissue. A dosage of 3000 mg/day is not high. It also relieves anxiety, and improves mood and cognitive function. Athletes like it because it helps build connective tissue like muscle, cartilage, bone, ligaments, and tendons. It also makes more red and white blood cells. It makes you stronger! It is also needed to make the elastin in arteries and skin. Animals fed L-lysine grow more muscle tissue and are less susceptible to infections. It is safe and effective. Next, Oregano oil is antiviral, both taken internally, and used externally. It is effective against Human papillomavirus, found in plantar warts and other warts. Oregano oil can be applied to a band-aid and put on plantar warts and other warts, daily, for some weeks until the wart



disappears. Human papilloma virus is causing a new epidemic of oral cancer and warts, as well as genital warts. Oregano oil is strong, it works, and it tastes good in juice and tea! Next, Resveratrol cream has been found to be as effective as 5% acyclovir cream on Herpes outbreaks. I expect it to be effective on papilloma viruses, too. You should also know that sugar can disable our mannose binding lectins. They are our first line of defense against viral invaders. Animals and some plants make mannose binding lectins, which bind to the sugar molecules on the surface of invading micro-organisms, and if you have lots of sugar in your bloodstream, the sugar binds to and disables your mannose binding lectins. Avoid sugar like the plague, and don't give it to a sick patient, IV or otherwise. Sucrose or glucose is always added to viral culture medium to grow viruses. Sugar feeds the virus! Avoid sugar in your diet! Sugar also causes cancers to grow. Maybe that is because often a virus is in the tumor, causing the cancer. XMRV was first found in Human prostate cancer cells! Another good antiviral herb is *Andrographis paniculata*. It has been used in India and China for thousands of years, and is strongly antiviral. It also helps to alleviate the inflammation in the "Cytokine Storm" which is so devastating to virus infected patients. There is a book I recommend, "Herbal Antivirals, Natural Remedies for Emerging and Resistant Viral Infections", by Stephen Buhner. Plants have been developing chemicals to fight off invading organisms like viruses, bacteria, and fungi, for millions of years. We can use such plant medicines to heal humans and animals. It works! This book describes how viruses infect humans, how to strengthen the immune system, and has treatment protocols using the most potent natural antiviral herbs. Buhner is quite advanced in his understanding of virology and plant chemistry. I highly recommend it for health care professionals and the general public. There are not many drugs that are effective against viruses. But, there are many herbs that are. Most medicines were first discovered in plants. One such antiviral plant which Dr. James Duke, in his book "The Green Pharmacy", recommends, is Lemon Balm, *Melissa officinalis*. It is in the mint family, along with Oregano. It tastes delicious, and as all the mints do, has strong antiviral constituents. You can drink it in tea, take it in capsules, or tincture the leaves and stems, and take the extract. Another thing that is important is to have a diet rich in the nutrient minerals zinc, copper, and manganese. These minerals are needed for proper immune system function. A deficiency weakens the immune system and predisposes one to infections. Lastly, I recommend you research the things I have recommended. Use the internet, look up L-lysine on Wikipedia. Do a key word search on *Andrographis paniculata*, and oregano, and how vaccines are made. Follow the clues. Ask your questions, and search for the answers. Guide your own education, by what you need to know. Use the vast resources we now have available with the internet. Most good medical schools now have all their classes, lectures, and labs, online, for free,

for anyone who wants to learn how to do something. Check it out. I hope this helps. RD

I have waited for this book for well over a year, I read it in three days as I couldn't put it down! So many need to thank Judy Mikovits, PhD, for risking her career to fight as a scientist should, the fight to tell the truth. The ME/CF Community as well as other chronic illnesses owe a lot, to this Scientist. Judy was a twenty year veteran of the National Cancer Institute. She came up with a Retrovirus, not HIV but like HIV in that they are both retroviruses. The Scientific Community did not want to continue the research that would prove or disprove Dr. Mikovits findings. The CDC probably comes up highest on the list of those who have trashed the victims of those suffering from this disease. As a person who has been active in the ME/CF, Lyme community and other Diseases that affect the Neuro- Endocrine System, I applaud her sacrifice in doing her best to get the Scientific Community to listen. As someone who watched what the HIV community went through in the early 80's. This was like de'ja'vu quest for an answer but we were dealing with ME/CF and a 21 Century search. The ME/CF Cluster outbreaks were first noticed by the public and press in the early eighties in Incline Village, Nevada. Other Scientists seemed to ignore the pain and suffering of many people who had lead healthy lives until they were sidelined by what many felt was a virus but not enough funds were going into the search for an answer. The book explores Autism and what may very well be the beginning of this disorder; For anyone wanting to learn how science can work for us or against us, this is a must read; for those suffering from a Chronic difficult to diagnose and treat disease this is a must read. I highly recommend this book!!! Carol Fisch, Retired Microbiology & Stealth Pathogen Research Background.

Amazing book! Many people and patients have followed Dr. Judy Mikovits since her historic publication in Science in 2009. We followed the saga and witnessed many of the events discussed in this book live via the web. This is not fiction. Many understood the impact the Science publication had. The majority of the public in the US and the world have absolutely no clue. You will NOT see this covered on the evening news. One has to ask why? The CDC and the White House recently told US citizens "we have this covered" when it came to Ebola. We then witnessed the media reveal incompetence that could have killed. They don't have the issues raised in this book "covered" either. Numerous scientists and government agencies want everyone to think this is just a big mistake, it is all contamination... go away people.. nothing to see here. Not true. I encourage everyone to read this book. The authors have made tremendous effort to make this book understandable to most people. Anyone interested in chronic diseases (auto-immune, chronic fatigue syndrome, fibromyalgia, gulf

war syndrome, autism), vaccines, bio-pharmaceuticals, and how academic/government research and government agencies handle these topics will be enlightened. Kudos to Dr. Judy Mikovits and Kent Heckenlively for writing this phenomenal book. Let's hope the masses read this book, are enlightened, and demand accountability for what has transpired.

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